

# STARTERS

**ESCARGOT** Stuffed mushroom caps with garlic and herbs. 12

**MUSHROOMS NEPTUNE** Stuffed with crab and cream cheese. 12

**SHRIMP COCKTAIL** Chilled Black Tiger shrimp with a zesty martini cocktail sauce. 14.5

**CRISPY SHRIMP** Tossed in crispy rice, golden fried and served with garlic aioli. 14

**BAKED GARLIC SHRIMP** Succulent shrimp finished with garlic, herbs and cheese. 11

**SCALLOPS & BACON** Served with a zesty martini cocktail sauce. 13

**CALAMARI** Lightly fried and served with spicy sweet ginger garlic sauce and Greek feta sauce. 13

**TUNA TARTARE** Sesame-soy seasoned Ahi served on fresh avocado. 18

**BAKED BRIE** With basil pesto and red pepper jelly. Served with crostini. 13

**GARLIC CHEESE TOAST** Topped with a delicious blend of three cheeses and toasted to perfection. 7.5

**CRAB CAKES** Full of Atlantic and lump crab with dill caper mayo. 15

**FRENCH ONION SOUP** Hearty beef broth with Sherry, Spanish onions, Swiss and Parmesan cheese. 10.5

# SALADS

**KEG CAESAR** Crisp romaine and aged Parmesan cheese tossed in Keg's own creamy dressing. 9.5

Oven roasted chicken breast: add 12

**MIXED GREENS** Field greens and garden vegetables in a vinaigrette dressing. 9.5

**SPINACH** Strawberries, dried cranberries, candied pecans and red onion in a Chardonnay vinaigrette with goat or Bleu cheese. 10.5

**ICEBERG WEDGE** With tomatoes, crispy bacon and buttermilk ranch or Bleu cheese dressing. 9.5

# DINNER SALADS

**GRILLED TOP SIRLOIN** Sliced on greens, tossed with vegetables, bocconcini cheese and pine nuts. Served with an herb vinaigrette. 23

**LOBSTER & SHRIMP** Artisan greens, black beans, charred corn, field mushrooms, tomatoes and fresh avocado with a mango sesame dressing, topped with pine nuts. 25

# GRILLED TO PERFECTION

**BLUE RARE** COOL, BLUE, ALL THE WAY THROUGH.

**RARE** COOL CENTRE, BRIGHT RED THROUGHOUT.

**MEDIUM RARE** WARM CENTRE, RED THROUGHOUT.

**MEDIUM** WARM, PINK CENTRE.

**MEDIUM WELL** HOT, SMALL TRACE OF PINK IN CENTRE.

**WELL DONE** HOT, FULLY COOKED THROUGHOUT.

**CHICAGO** CHARRED OUTSIDE, COOKED TO ORDER INSIDE.

Informed Dining 

Menu nutritional information is available.

Gluten-Free options are available upon request.

Let us know if you have a food allergy or sensitivity.

NFEM/APR2015

All prices subject to applicable taxes.



# PRIME RIB

Aged for extra flavour and tenderness, rubbed with our unique blend of spices and slow roasted.  
Hand-carved and served with horseradish and red wine herb jus.

(10 oz) 32 • (14 oz) 37

## KEG CUTS

Our cuts are well trimmed, aged to perfection and grilled over high heat with Keg seasoning, resulting in a juicy and flavourful steak.

**TOP SIRLOIN** Considered the most flavourful steak.

(6 oz) 26 • (8 oz) 28.5 • (12 oz) 34.5

**TERIYAKI SIRLOIN** A Keg favourite. (8 oz) 29.5

**FILET MIGNON** Tenderloin wrapped in applewood smoked bacon and served with Béarnaise.  
The ultimate in tenderness. (7oz) 40.5 • (10 oz) 47

**RIB STEAK** A hearty bone-in rib steak served with sautéed field mushrooms. (20 oz) 45.5

**BASEBALL TOP SIRLOIN** So thick that medium rare is the most we can cook it! (12 oz) 34.5

**NEW YORK** Tender New York striploin. The King of steaks. (12 oz) 39.5

**MANHATTAN CUT NEW YORK** The Keg's very own – thick and juicy. (7 oz) 31

## FEATURE CUTS

We've taken some of your favourite steaks and dressed them up.

**BLACKENED SIRLOIN** Coated with select herbs and spices and finished with herb butter. (8 oz) 31

**BLEU CHEESE FILET** Wrapped in applewood smoked bacon.

Bleu cheese crusted and finished with roasted garlic cloves. (7 oz) 43

**SIRLOIN OSCAR** Grilled top sirloin topped with shrimp, scallops and asparagus.

Served with Béarnaise. (8 oz) 39.5

**MUSHROOM & ONION MANHATTAN** Our Manhattan cut New York topped with caramelized mushrooms, onions and peppers. Served with demi-glace. (7oz) 38

**PEPPERCORN NEW YORK** Crusted striploin served with whiskey peppercorn sauce. (12 oz) 41.5

## ADD TO YOUR FAVOURITE CUT

Choose one of the following to enhance your meal:

### SEAFOOD

ATLANTIC LOBSTER TAIL 22.5 • KING CRAB 22.5

SCALLOP AND SHRIMP OSCAR 12 • GRILLED SHRIMP 12 • CRAB CAKE 8

### SAUCES

CHIMICHURRI 2.5 • WHISKEY PEPPERCORN 2.5 • VELOUTÉ 2.5 • DEMI-GLACE 3.5

## ACCOMPANIMENTS

Choose one of the following to complete your meal:

BAKED POTATO • ROASTED GARLIC MASHED POTATO • KEG FRIES

TWICE BAKED POTATO (contains bacon) • RICE • MIXED VEGETABLES

Gluten-Free options are available upon request.  
Let us know if you have a food allergy or sensitivity.

# KEG CLASSICS

Start with a Caesar or iceberg wedge salad, then choose your favourite Keg steak or slice of prime rib.  
Served with sautéed field mushrooms and your choice of accompaniment.

**TOP SIRLOIN** (8 oz) 35.5 • **TERIYAKI SIRLOIN** (8 oz) 37 • **PRIME RIB** (10 oz) 39

**NEW YORK** (12 oz) 46.5 • **FILET MIGNON** Wrapped in applewood smoked bacon. (7 oz) 47.5

## FISH

*Responsibly sourced from certified sustainable fisheries.*

*Our Fish meals are fully plated as described.*

**OVEN BAKED SALMON** Served on rice and steamed asparagus. 31

**PISTACHIO CRUSTED SALMON** Served on garlic mashed potato, bacon sautéed Brussels sprouts, and maple butter. 34.5

**BAKED SEA BASS** Served on a fresh chilled quinoa salad and steamed asparagus. Topped with tomato cucumber salsa. 38

**SESAME TUNA** Seared rare on a bed of fresh cabbage slaw topped with a soy and sesame dressing. 31

## CHICKEN

*Our Chicken meals are fully plated as described.*

**SUPREME CHICKEN BREAST** Pan seared and roasted. Served with garlic mashed potato, broccolini and demi-glace. 28.5

**MUSHROOM STUFFED SUPREME** Pan seared and roasted. Served on garlic mashed potato and bacon sautéed Brussels sprouts. Served with a balsamic cream sauce. 33.5

**SEAFOOD CHICKEN DELUXE** Boneless chicken breast served on garlic mashed potato and steamed asparagus. Finished with scallops, shrimp, crab meat and served with velouté sauce. 36

**THAI CHICKEN** Boneless chicken breast served on garlic mashed potato. Topped with sautéed onions, bell peppers and asparagus in a sweet chili sauce. 24

## RIBS

*Our Rib meals are fully plated as described.*

**BBQ RIBS** Grilled pork back ribs basted with Keg BBQ sauce. Served with slaw and Keg fries.  
HALF RACK 24 • FULL RACK 33.5

**CHICKEN & RIBS** Pan seared and roasted supreme chicken breast paired with a half rack of BBQ pork back ribs. Served with slaw and Keg fries. 33.5

Vegetarian and Gluten-Free options are available upon request.  
Let us know if you have a food allergy or sensitivity.